

Win a laptop in the Contact a Family video competition

Contact a Family is calling on parents to create a short video on the theme of 'Me and my disabled child', for the chance to win a Dell laptop or a Nikon 'Coolpix' digital camera.

The competition has been launched alongside Contact a Family's new channel on popular video sharing website YouTube where all entries will be made available to view.

We know that parents of disabled children often feel isolated and want to meet with, share experiences and read about other parents also caring for a disabled child.

Parents are increasingly turning to the web as a source of support. That's why Contact a Family is setting up a video channel on YouTube - where parents can upload their own videos and download other parents' personal accounts of caring for a disabled child.

To enter the Contact a Family competition you should submit your video clip by August 31st. Your entry should be no longer than 3 minutes and show what life is like for you as a family or parent caring for a disabled child.

Hobbs the Printers have very kindly donated fabulous prizes for the competition – one Dell laptop for the winner and five Nikon 'Coolpix' digital cameras for the runners up.

What we are looking for?

That's up to you. It could be a simple 'day in the life of' account of your family, a video diary over a few days, or a montage of clips. It might be just you talking straight to the camera about your day. We want videos which best show what life can be like for families in the UK caring for a disabled child.

We're not looking for expert filming or editing, but the story you have to tell and how that might support others also caring for a disabled child.

Further information

To enter your video, submit your finished film to YouTube and send us the link, your name and a short descriptive paragraph of your clip to new.media@cafamily.org.uk Your entry should be no longer than 3 minutes. Please note that you will need a YouTube account in order to upload your video and it must adhere also to the Terms and Conditions of their service. If you need help or advice on uploading your video to YouTube contact our New Media Officer, Louis Yung-Hoi on 020 7608 8727 or e-mail louis.yung-hoi@cafamily.org.uk who will advise you step by step. Entries should be submitted by August 31st2008. Other terms and conditions apply.

Terms and conditions

1. This competition is open to residents of the UK, Channel Islands, Isle of Man and Republic of Ireland aged 18 years or over, except for employees of Contact a Family, their families or anyone else associated with this competition.
2. All information detailing how to enter this competition forms part of these terms and conditions. It is a condition of entry that all rules are accepted as final and that the competitor agrees to abide by these rules. The decision of the judges is final and no correspondence will be entered into. Submission of an entry will be taken to mean acceptance of these terms and conditions.
3. Entries should be submitted by August 31st 2008 and entrants should include their own name, address and telephone number. Entries will not be returned.
4. All entries must be received by the advertised closing time and date.
5. All videos submitted must be the work of the individual submitting them and must not have been published elsewhere or have won a prize in any other competition. It is the responsibility of each entrant to ensure that any images they include have been taken with the permission of the subject and do not infringe the copyright of any third party or any laws. Entrants must warrant that the video they are submitting is their own work and that they own the copyright for it.
6. Copyright in all videos and images submitted for this competition remains with the respective entrants. However, in consideration of their providing the Competition, each entrant grants a worldwide, irrevocable, perpetual licence to Contact a Family to feature any or all of the submitted videos and images in any of their publications, their websites and/or in any promotional material connected to this competition.
7. Only one entry per person. Late, illegible, incomplete, defaced or corrupt entries will not be accepted. No responsibility can be accepted for lost entries and proof of transmission will not be accepted as proof of receipt. Entries must not be sent through agencies or third parties.
8. The winning entry will be that that is judged to be the most compelling account of life for a family caring for a disabled child. The winner will be notified within 28 days of the closing date of the competition.
9. The winning entrant shall win a Dell laptop and five runners up entrants shall receive Nikon 'Coolpix' digital cameras.
10. The winners may be required to take part in publicity.

11. The winner's name and county may be disclosed to anyone who writes within one month after the published closing date, stating the date of publication and enclosing a stamped addressed envelope, to Contact a Family 209 City Road London EC1V 1JN.

12. The prizes as described are available on the date of publication. All prizes are non transferable and there are no cash alternatives.

13. Events may occur that render the competition itself or the awarding of the prizes impossible due to reasons beyond the control of the Promoter and accordingly the Promoter may at its absolute discretion vary or amend the promotion and the entrant agrees that no liability shall attach to the Promoter as a result thereof.

14. Contact a Family is responsible for the first part of the promotion, which is the publication and adjudication of the competition. All other facilities connected with the provision of the prize are the responsibility of Hobbs Printers.

15. English law applies and the exclusive jurisdiction of the English Courts shall prevail.

Promoter: Contact a Family 209 City Road London EC1V 1JN