



This resource is a list of trainers and facilitators who have identified themselves in any of three areas of expertise:

- 1) Training in **parent participation**: what is participation, setting up and running 'forums' or parent participation projects of some kind
- 2) Training in **related skills**: negotiation, confidence building, assertiveness, developing business plans, budgeting etc
- 3) **Consultation facilitation**: experience in running pieces of consultation work

Check the entry for each trainer to see their listings, experience, regional coverage, and price.

Inclusion in this list does not constitute endorsement by Contact a Family .

Please contact a trainer or facilitator to discuss your requirements, and deal with them direct.

If you experience any problems please let us know as soon as possible.

Email: Sheila.Davies@cafamily.org.uk

Lists: parent participation related skills consultation facilitation	
Name: AMAZE RESEARCH AND TRAINING – Kim Aumann and Carrie Britton	Tel: Kim – 01273 556500 Carrie – 01273 430219
Address: ART Amaze, Community Base, 113 Queens Road, Brighton, East Sussex, BN1 3XG	Email: kim@amazebrighton.org.uk carriebritton08@gmail.com
	Parent of a disabled child? Kim No – Carrie Yes
Involvement in parent organisation / forum: Kim was Director of Amaze and now works as Director of ART (Amaze Research and Training). Carrie, formerly and Occupational Therapist was director of a charity supporting families of children with arthritis. She has just set up the Parent Carers Council in Brighton. See www.amazebrighton.org.uk	Region(s) covered: UK, but preference for South East England
Consultation background: Carrie has undertaken a range of consultation events working as the Children’s Services Engagement Advisor and Kim has long experience of organising and facilitating consultation and engagement events. Both have research experience.	
<p>Training background: Emphasis upon building good practice, positive working with parents and assisting parents and carers to become trainers or stronger advocates for children with additional needs. Keen to promote a model of co-delivery of training by a parent carer and professional duo so that both areas of expertise are combined and the course material made accessible to ‘hard to reach’ parents.</p> <p>Courses for Parent Carers</p> <ul style="list-style-type: none"> • Insiders Guide – a course of five sessions for parent carers. Three core modules with two specialist modules tailored to meet the needs of parents of children with special needs under five years, or at primary school, or teenagers, or children with enduring complex health needs, or children with emotional and behavioural difficulties. Very positively evaluated by the University of Brighton and highly rated by parents. • Over the past ten years have designed a range of course including Money Matters, Understanding the Statementing Process, Learning to live with childhood arthritis etc. <p>Courses for Professionals</p> <ul style="list-style-type: none"> • Parents As Allies – one or two day practical course about how to build constructive partnerships with parents of children with special needs • Insiders Guide Training for Trainers (parent and professionals duos training to deliver Insiders Guide). Three day course to learn and practice co-delivery of Insiders Guide training. • Resilience Therapy – working to assist parents to help their children. • Facilitating Together – two day course for parents and professionals to learn to work in pairs to co-deliver other courses (for example Triple P Parenting courses). 	
Approximate rates: £350 plus travel and other expenses (per trainer/facilitator)	

Lists: parent participation related skills consultation facilitation	
Name: Janet Bliss	Tel: 0116 274 5112
Address: 22, Elmfield Ave Stoneygate, Leicester, LE2 1RD	Email: j.bliss@phonecoop.coop
	Parent of a disabled child? No (For 8 years I fosters two disabled children on a 'share and care' scheme run in Brent)
Involvement in parent organisation / forum: 2010 working with Brent Carers Centre parents group	Region(s) covered: Anywhere within a maximum of two hours travel from Leicester
Training summary:	
Training background: Qualified as a social worker specialising in disability with a module in training before changing direction and doing a Royal Society of the Arts Diploma in Drama in Education. To complement these qualifications I gained a Diploma in Person Centred Counselling, a Certificate in Person Centred Group Work and a Diploma in Training & Development. West London Institute of Higher Education (now Brunel University) Certificate in Social Services (specialist modules in disability and training) 1977 - 1979 Tape & Drama Centre, Inner London Education Authority Royal Society of the Arts Diploma in Drama in Education 1984 - 1984 University of Leicester, Labour Market Studies (distant learning) Diploma in Training and Development 1998 – 1999	
Consultation facilitation summary: Experience in planning and facilitating the following workshops in various setting e.g. schools, youth clubs, colleges, voluntary organisations. Communication skills Presentation skills Assertion in the workplace Building self esteem HIV/AIDS awareness, CV/Application writing skills & Interview techniques, Train the trainer How to effectively talk to professionals, How to feel confident attending meetings	
Consultation background: I have experience as a supervisor/coach. In 2007 I had a freelance contract with SMART (a drug awareness charity) supporting one of their managers to structure his supervision sessions with his team and evaluate the work he was doing as a line manager	
Approximate rates: £300 - £400 a day plus travel expenses (photocopying, if appropriate to be provided by the organisation)	

Lists: parent participation related skills consultation facilitation	
Name: Julie Bruce	Tel: 01535 271113 07789 746934
Address: 8 Ling Park Approach Wilsden, Bradford West Yorkshire, BD15 0NF	Email: julie@juliebruceconsultancy.co.uk
	Parent of a disabled child? Y
Involvement in parent organisation / forum: I am a free-lance trainer, researcher, facilitator and consultant specialising in parent participation and also service user engagement and participation. Experience organising and chairing local parent forum.	Region(s) covered: all
Training summary: Development and delivery of tailored workshops to professionals including: <ul style="list-style-type: none"> • An introduction to parent participation: Theory into practice • Parent participation: A partnership for change • Parent participation: Measuring outcomes, measuring success 	
Consultation background: I am a parent of two teenagers with disabilities; I have substantial experience as an advocate and parent partnership worker; I am a qualified social policy researcher with experience of both qualitative and quantitative research and analysis. I have delivered training to parents, service staff, managers and commissioners of children's services.	
Approximate rates: Training £350 + expenses	

Lists: parent participation related skills consultation facilitation	
Name: Business Solutions (Quality & Training) Ltd.	Tel: 01379 740909
Address: Rectory Farm Barn, Rectory Lane, Langmere, DISS IP21 4PS	Email: Karen Wooddissee karen@bness-solutions.co.uk Anna Gill thegills@btconnect.com
	Parent of a disabled child? Y - both
Involvement in parent organisation / forum: Founder members of local forum (Family Voice Norfolk), currently Treasurer & Vice Chair. Anna - Chair of Governors at a special school, parent rep on the 'Aiming High' and the Children's Palliative Care Implementation Groups, trustee for a variety of charities committed to disabled or life-limited children. Karen - Chair of Norfolk's Countywide Multi-Agency Steering Group for Children with Autistic Spectrum Disorder, Trustee for the National Autistic Society and BREAK, Chair of Saffron Housing Trust	Region(s) covered: All areas, but with a focus on Eastern, Midlands & London
Consultation facilitation summary: Diverse range: Parents of children with disabilities – for example small focus groups, open 'surgeries'; public parents' meetings and representation at Board level concerning SEN Provision; Short Breaks Review and Strategy planning for Children with Disabilities and Palliative Care. Others: social housing tenants, small/start up businesses, employees and staff.	
Training summary: Parents: Early Support Parents Workshops & training for parents to deliver these in their own areas, Training and Participation Skills for Parents, self disclosure, Disability Equality, Confidence Building, Facilitation & Presentation skills Professionals and parents: Full range of Early Support training (co-authors of Early Support Parents' Workshops) Professionals: Right From The Start, CAF, 'Strengthening Families' Other training: Business Planning, Team Building etc. 25 years of parent participation work between us, at local, regional & national level. Over 10 years experience of training provision between us.	
Approximate rates: £400-500/trainer/day	

Lists: parent participation related skills consultation facilitation	
Name: Calderdale Parent Carer Council	Tel: 01422 343 090
Address: Hanson Lane Enterprise Centre, Halifax HX1 5PG	Email: parent.council@zen.co.uk
	Parent of a disabled child? Y
Involvement in parent organisation / forum: Calderdale PCC has been established for 5 years	Region(s) covered: Yorks and Humberside, North West and North East
Training summary: Consultancy on establishing PCC; training for parents on range of issues including participation in decision making; making ripples	
Consultation summary: We work with parents with disabled children on subjects that they find useful; these include telling their stories to professionals(1 day consultation event for social services/health professionals/parents); information events for parents; conferences provision	
Approximate rates: Varies according to type of service/group we work with	

Lists: parent participation related skills consultation facilitation	
Name: Dave Carr	Tel: 07949 071066
Address: 56 Langdon Street, Sheffield. S11 8BJ	Email: info@quickontheuptake.co.uk
	Parent of a disabled child? No
Involvement in parent organisation / forum: No	Region(s) covered: UK – all areas
<p>Training summary: Tried-and-tested learning packages include:</p> <ul style="list-style-type: none"> • Presentation skills • Negotiation and influencing skills • Facilitation skills • Values, vision and mission • Effective governance • Attracting and keeping new members • Strategic thinking • Making meetings work for you <p>I can also create tailor-made training around your specific needs if required.</p>	
<p>Training background: I have been involved in designing and delivering training with the voluntary and community sector for over a decade. I tend to be known for my relaxed, interactive and inclusive training style that creates a learning environment that is informal and fun.</p> <p>Training is based in the real world. I come up with pragmatic and realistic solutions to problems, basing them on relevant research and theories. My training is relaxed, interactive and inclusive.</p> <p>I combine small group work and trainer-led discussions for problem solving and sharing ideas. Case studies and learning resources are all based on real-life examples. I use animations, cartoons, quotes and powerpoint slides that go beyond the usual bullet point presentations and dull lectures.</p>	
<p>Consultation facilitation summary: As a freelance facilitator I use a range of techniques to help your group achieve its objectives and make a difference. Whether it's facilitating a planning session or a multiagency event if you need some help to make it go smoothly then I can help. I'll help you to ensure that your programme runs to time, formal business is managed effectively and everyone gets a chance to participate.</p>	
<p>Consultation background: Facilitation of formal and informal events for 5 to 100 participants.</p>	
<p>Approximate rates: £350 - £500 per day dependant on activity</p>	

Lists: parent participation related skills consultation facilitation	
Name: Creating Change Together Training & Consultancy	Tel: June Hill 07590615334 Helen Corrin 07902837913
Address: 33 Walton Park Walton, Liverpool L9 1EY	Email: walton33@btinternet.com
	Parent of a disabled child? Y
Involvement in parent organisation / forum: In the past 14 years, we have gained experience in developing and running SEN and parent forums, including multi-agency / SEN and parent-led forums at a local and regional level. Set up a parents' support group some years ago.	Region(s) covered: Nationally, priority given to the North West
Training summary: For parents: <ul style="list-style-type: none"> • Confidence building, presentation and meeting skills • Developing parents as trainers For professionals: <ul style="list-style-type: none"> • Effective communication and engagement with parents • Why and how to set up parent forums, inc. business planning & funding For existing forums: <ul style="list-style-type: none"> • How to re-invigorate your group and how to keep up to date • How to set up parent support groups, and why • Self review tools for services • Making your information accessible • Facilitating parents and professionals to work together • Utilising your local Parent Partnership Service • How to work in partnership with parents: consulting, engaging • Helping parents to engage other parents, including hard-to-reach families • Is your forum making the best use of your time? 	
Training background: Both have 14 years experience of participation – supporting parents to be active participants, become engaged with consultation, participation in groups, encouraging services to work openly with parents, seeking out parents whose voice would not often be heard (parents with learning difficulties). Experience of running projects extending participation with an SEN focus to BME communities and families. Extending participation to the Children and Young Peoples' Plan. Removing Barriers to Positive Inclusion project (DFES funded): raising awareness of the difficulties children with moderate learning needs have and promoting their parents' involvement.	
Consultation facilitation summary: Directly involved nationally in: Valuing People, Removing Barriers to Achievement, Review of SEN code of practice, Bercow review (SALT), Child Health Strategy, supporting parents to have a voice. Regionally: Child Health Development Programme, both in setting up a parent network, listening to parents and feeding back to the programme board. Involvement at a local level with the design and delivery of children's services teams (including health services). Includes Children and Young Peoples' Plan, attendance strategy, access strategy, housing needs, short breaks, common assessment framework, (what makes a good lead professional). Parents involved in shaping parent training for Social And Emotional Learning initiative.	

Approximate rates: Typically £600 to £1000 per day	
Lists: parent participation related skills consultation facilitation	
Name: Helen Edge Sheila Atherden	Tel: 07788141159 0784002849
Address: 3, Eastmoor Close, Streetly, Sutton Coldfield B74 3JS 6, The Speares, Saltash, Cornwall PL12 4UQ	Email: mhedge@btinternet.com sheilaatherden@hotmail.co.uk
	Parent of a disabled child? Y
Involvement in parent organisation / forum: We have been instrumental in setting up parent forum in a local authority and have been working with that forum for 4 years. We have been partners with voluntary orgs and LA leaders to enable this to happen.	Region(s) covered: all
Training summary: Extensive - ranging from parent requested courses on specific conditions, support for parents and other courses designed to enable parents to be partners with strategic leaders and influence change (Parents First). Courses on Disability Equality for multi agency personnel (Kindred Spirits). School based training for teaching staff on SEN.	
Consultation background: We have been consulting with parents of disabled children for 4 years. Subjects have included leisure activities, change initiation, accessibility plans, information access, Aiming High. The meetings have been larger meetings 50+ and have involved a range of activities.	
Approximate rates: Training £800 + expenses (2 trainers) Consultation £400 + expenses per consultant	

Lists: parent participation related skills consultation facilitation	
Name: Larry Gardiner	Tel: 0151 928 3507
Address: 4 Lime Grove Seaforth Crosby L21 3TT	Email: gardinerl@hotmail.co.uk
	Parent of a disabled child? Y
Involvement in parent organisation / forum: Parent Advocates Together, Every Disabled Child Matters	Region(s) covered: Merseyside / NW England
Training background: We focus of working with parents and carers with disabled dependents. 1987 - 1992 Trainer at BT Management College 1993 - 1995 Trainer with CODA International Training (South Africa) 1999 - 2006 Consultant with HP Services Since 2006 I have been supporting local parents to develop a small local parent advocacy organisation in Liverpool.	
Consultation facilitation summary: Joint Strategic Needs Assessment, EDCM Charter, Aiming High Core Offer; National Indicator 54, PCT Open Forum, Sefton LINK, Every Parent Matters Network, Sefton Learning Disabilities Partnership Board	
Approximate rates: Sliding scale - I sometimes work for free and corporate clients can pay in excess of £600 a day	

Lists: parent participation related skills consultation facilitation	
Name: Dr Cathy Hamer	Tel: 01744 24608 / 077 8357 7284
Address: Box 42, St Helens WA10 3BF	Email: CWH01@hotmail.co.uk
	Parent of a disabled child? N
Involvement in parent organisation / forum: Founder/Co-ordinator: SHARP – St Helens Action Research Project Trustee: Friends of STAR Children’s Centre & Connect	Region(s) covered: North West based but prepared to travel as required.
Training summary: Parent participation: An evolved model of parent participation – the SHARP way of working. Opportunities, overcoming challenges and making a real difference. Parents and practitioners together. Influencing policy and practice. Understanding the system. Related skills: Getting involved and making things happen. Communicating with confidence. Meeting and influencing skills. Research skills and techniques. Monitoring and evaluation methods. Making sense of policy and what it means. Being a representative parent. Funding applications – grants and tender proposals. Working with EU partners. Listening to disabled children and families. Consultation / Facilitation: Conferences, events, workshops, focus groups, action learning sets, surveys and seminars.	
Training background: <ul style="list-style-type: none"> • Early years teacher, Chartered Health & Educational Psychologist – Child & Adolescent Mental Health Service & Child Development Centre, Portage Supervisor, Head of STAR Children’s Centre. Integrated Disability Service Co-ordinator, Head of Sure Start, Extended Schools Remodelling Adviser, Associate Lecturer – Edge Hill & Liverpool John Moores Universities, Policy, research & practice consultant. • Portage Early Education Programme • Early Support Pathfinder in conjunction with Greater Merseyside SEN Partnership. • National Children’s Bureau: VCS Engage – Commissioning Children’s Services - and PEAL – Parents Early Years & Learning programmes. • Multi-agency Training Development Programme & National Academy of Parenting Practitioners 	
Consultation facilitation summary: <ul style="list-style-type: none"> • Sure Start Local Programmes across the North West • Government Office – West Midlands: Childcare Sufficiency for Disabled Children. • Centre for Public Scrutiny: Expert adviser – LINK – Local Involvement In Health programme • UKCRC – UK Collaborative Research Council: Patient and public board sub-group member • National Literacy Trust – Talk To Your Baby project manager for North West, East & West Midlands 	
Approximate rates: Daily rate - £400+ dependent on activity	
Lists: parent participation related skills consultation facilitation	
Name: Teresa Kain	Tel: 07983 448705 or 07946 748842

Psychotherapist Group Facilitator/Trainer	
Address: London NW2 4QE	Email: tkcounselling@hotmail.co.uk Website: www.teresakain.co.uk
	Parent of a disabled child? N
Involvement in parent organisation / forum: Currently work for local Carers Centre.	Region(s) covered: All regions, priority given to London & surrounding areas.
Training summary: Sessions I have delivered: <ul style="list-style-type: none"> • Emotional Wellbeing – sessions delivered to unpaid carers and parent carers. Space was given to carers to talk about their experiences, impact of their caring role & coping mechanisms. We explored the causes and symptoms of stress, anxiety and depression, which encouraged raising awareness and finding positive coping strategies. Practical and emotional tools were also explored. • How to let go? Session delivered to unpaid carers who care for adult dependants with learning disabilities. Session focused on sharing experiences, self reflection, the bereavement process, personal expectations, guilt, boundaries and assertiveness. • Parent Empowerment – sessions delivered to parent carers offering a space to share experiences and their motivation for being actively involved in the parent forum. Self reflection exercises were given to help build confidence and self esteem. Assertiveness and boundaries were explored. Bonding was encouraged by looking at cohesiveness. • Introduction to Group Work – Delivered to staff members. Session encouraged raising personal awareness of the experience of being in a group. It also covered group therapy theory, benefits of groups, group dynamics, roles people inhabit, defence mechanisms and the leader/conductor's role. My facilitation style is informal. By creating a safe space it is hoped that participants will feel encouraged to share their stories, experiences and ideas. I believe that experiential learning is powerful and valuable and encourage this through individual, small & large group exercises which aid self reflection. The aims of the sessions are to equip participants with information, support and tools to empower and inspire.	
Training background: Parent of teenage daughter. Experience of working within local Home Start & Sure Start Programmes. Extensive experience working with unpaid carers. Trained and qualified Integrative Psychotherapist & Counsellor.	
Approximate rates: Sessions are usually 3 hours - cost approx £ 225 or £ 450 for a day booking. Price includes design, facilitation/delivery, hand outs & travel. Additional travel & expenses may be incurred. Please contact me to discuss training needs, bespoke training can be accommodated.	

Lists: **parent participation** **related skills** **consultation facilitation**

Name: Elizabeth Loudon	Tel: 0208 563 0889
Address: 56 Chancellors Road, London W6 9RS	Email: eloudon@prosperopartners.co.uk
	Parent of a disabled child? N
Involvement in parent organisation / forum: Trainer and facilitator. I have served on municipal childcare advisory committee. I have worked closely with rehabilitation hospitals that focus on children eg, Hospital for Special Care, in Connecticut USA, and Spaulding Rehabilitation Hospital, in Boston, Massachusetts USA, and spent two years raising funds for a leading US school for deaf children.	Region(s) covered: UK
Training summary: I provide training and coaching in effective interpersonal communication and writing. I help people to articulate their needs clearly, to understand other people's point of view, and to use language in fresh and compelling ways. I work with individuals as well as with teams.	
Training background: I spent over a decade developing and delivering accredited writing and communications courses, both for University students and for new immigrants to the US, as well as publishing my own essays and stories. I then began my career as a fundraiser, working with major trusts, foundations, and philanthropists in the US and UK to raise money for a broad range of causes. I have been a fundraising strategy and communications consultant for over 10 years, advising charities on how to develop a strategy, communicate their case for support, and build lasting relationships with donors. I facilitate and lead Trustee planning retreats; coach and train staff fundraising teams; and provide bespoke master classes in writing, fundraising, and negotiating. I now apply these training approaches to work with parents, ensuring that their voices are heard and that they are well equipped to negotiate successfully on their own behalf and on behalf of their children. I also provide writing workshops that give parents confidence in their creativity and a safe forum in which to share their stories.	
Consultation facilitation summary: I have provided consulting services to many charities and Universities in both the US and UK, facilitating board-staff relations, team communications, and staff-donor relations. Clients have ranged from very small charities that work with severely disabled children in institutional settings (eg The Nature Connection in Massachusetts, for whom I continue to serve as an advisor) to major UK charities with international profiles (eg Christian Aid, WaterAid, Sightsavers).	
Consultation background: As above. Additional consultation includes extensive feasibility studies and audits for fundraising programmes	
Approximate rates: For ongoing strategic assistance and in-house workshops and master classes rates vary from £650 to £850. For facilitated retreats and Trustee/ executive planning sessions, rates range from £950 to £1,250.	

Lists: parent participation related skills consultation facilitation	
Name: Miranda Parrott	Tel: 01751 417291
Address: White Cottage, Cropton, Pickering, North Yorkshire, YO18 8HH	Email: Miranda@parrott3118.freeserve.co.uk
	Parent of a disabled child? N
Involvement in parent organisation / forum: Current work with Scope face2face and SibS	Region(s) covered: The North for preference, but able to travel where ongoing work is not regularly required.
Training background: I have worked in the voluntary sector for the past thirty years, with families, and particularly with families of disabled children, young people and adults. The main part of my working life has been with Contact a Family. Since 2001 I have been working as a freelance consultant and researcher. I have also been training for face2face. I am able to offer training on <ul style="list-style-type: none"> • Confidentiality, ground rules and equal opportunities • Non verbal communication • Active listening • Trust and self disclosure • Boundaries • Telephone skills • Developing business plans, budgeting and fundraising • Confidence building and assertiveness 	
Consultation facilitation summary: Method: Questionnaires Consultation days with parents and/or staff – informal working style with plenty of participation One to one interviews in person or by telephone Analysis of data Additional information Written report Findings and/or recommendations	
Consultation background: Recent work includes: <ul style="list-style-type: none"> • Aiming High consultation in Doncaster • Consultation (on behalf of Contact a Family) with families of disabled children on short break services: Proposals for the modernisation of services for children and young people with severe disabilities in North Cumbria 	
Approximate rates: £250 per day plus travel and reasonable expenses	

Lists: parent participation related skills consultation facilitation

Name: Lynn Powell, Community Consultant and Facilitator	Tel: 07871 558850
Address: 60 High Street Hemingford Grey Huntingdon Cambridgeshire PE28 9BN	Email: Lynn.Powell@yahoo.com
	Parent of a disabled child? Child with dyslexic tendencies
Involvement in parent organisation / forum: pinpoint is a new community project led by parents for parents. The aims of pinpoint are to provide: -Easy access to good quality information for parents; -A central website for parent groups and organisations to share information on the services they offer; and -A parental involvement network that supports the participation of parents in making important decisions that will lead to improved services for all. I am employed by pinpoint to coordinate parent participation work and to develop a pinpoint county-wide parental involvement network. Pinpoint also delivers training sessions on parent participation, facilitates consultation and support with the development of local parent groups.	Region(s) covered: Eastern Region
Training summary: Training is tailor made to fit the organisation. Areas available include: parent participation; facilitating groups; conciliation skills; reaching “harder-to-reach”; setting up and developing a local parent group; forum theatre.	
Training background: I specialise in parent participation and setting up and developing parent support groups. I am a trained conciliator; mediator and adult tutor and have a range of special needs qualifications.	
Consultation facilitation summary: Facilitate groups to help parents, staff and board members to reach consensus on needs, priorities, action plans or issues.	
Consultation background: Trained facilitator, using tried and tested methods to support groups to be heard and to reach consensus. Experience of doing such work with hard-to-reach groups. Through pinpoint, ran county-wide consultation with 1300+ parents on their support needs and re-drafted the Cambridgeshire Parent support strategy.	
Approximate rates: If booked through pinpoint, each trainer/facilitator (see Juliet Snell) operates a daily rate of £300. There will be additional charges for agreed expenses, extensive pre-course planning (say for very targeted or tailored courses) and a mileage charge of 40p per mile from Cambridgeshire. Please contact me for more detailed quotes and to discuss your requirements.	

Lists: [parent participation](#) [related skills](#)

Name: Mandy Robinson	Tel: 07763 781041
Address: North Tyneside	Email: mandy-robinson@blueyonder.co.uk
Parent of a disabled child? N	
Involvement in parent organisation / forum: Qualified trainer and coach with experience of working with parent carer groups; this includes four years employment with the Newcastle Special Needs Network.	Region(s) covered: North England
<p>Training summary:</p> <p>I deliver training, coaching and facilitation for organisations and individuals. I have experience of designing and delivering activities aimed at parent carers, professionals, strategic decision makers and multi-stakeholder events. Sessions include:</p> <ul style="list-style-type: none"> • Exploring the levels of participation, working with others and evidence based influencing • Developing a common understanding of roles and boundaries • The identification of agreed objective and values • Development of communication skills and understanding of negotiating skills and decision making processes • Parents as representatives – confidence, “which hat am I wearing” and self-management (dealing with difficult situations). <p>Development/training programmes are designed to meet the needs and objectives of individuals, groups and wider stakeholders. If you would like some further details please get in touch and we can talk about what you are looking for and how I can work with you.</p>	
<p>Training background:</p> <p>As a freelance facilitator, I have recently worked with InPact Northumberland in the development parent carer skills, in relation to the establishment of the Northumberland Parent Carer Forum. I also facilitated consultation between parents and representatives from the statutory sector to establish common values, objectives and code of conduct. I have been involved in the planning and facilitation of Carers Conference, and have also provided organisational support to Newcastle Toy and Leisure Library for disabled children, this involved development days for trustees, staff and volunteers. I am currently involved in the Department for Health Caring with Confidence programme.</p> <p>I have worked in the voluntary sector for over ten years supporting charities. This has included mentoring managers, management training on business planning and related topics. I also facilitate review and planning days.</p> <p>I am a member of the Association for Coaching and am registered on the North East of England Service Provider Register. See also www.mandyrobinsoncoaching.co.uk</p>	
<p>Approximate rates:</p> <p>£600 daily facilitation rate, approximate depending on activity. Contact me for further details.</p>	

Lists: **parent participation** **related skills** **consultation facilitation**

Name: Lucy Seifert	Tel: 020 8922 3140 & 07956 663151
Address: 9 Hurstwood Road London NW11 0AS	Email: info@lucyseifertcoaching-training.co.uk
	Parent of a disabled child? No
Involvement in parent organisation / forum: See below	Region(s) covered: Prefer London & areas/cities easily accessible to London by public transport Please enquire
Training summary: Confidence & communication training including: <ul style="list-style-type: none"> • Assertion, not aggression • Awkward customers, difficult people • Building bridges: anger management & conflict resolution • Bullying & intimidation in the workplace: coping & confronting • Coaching skills • Listen up! How to be a first-class listener • Meeting Skills: how to be effective & make your voice heard • Personal power: activities in self-empowerment • Public Speaking & Presentations: for the slightly nervous to the truly terrified! • Stress Management • Time Management • Effective meeting skills for parents: a series of half-day sessions including assertiveness, enhancing effectiveness before, during & after a meeting, the power of verbal & body language, listening excellence to increase participation & manage disagreement, tips on note-taking, guidance & practice in public speaking & getting your message across 	
Training background: Lucy is a freelance trainer & 1-2-1 coach in assertiveness and confident communication with 20 years experience in all sectors, voluntary, public & corporate. She is author & joint author of 5 books published by Gower-Ashgate Publishing including Training for Assertiveness, 40 Activities for Training in Self-empowerment and Understanding Body Language, and uses her original exercises & materials in her training. She designed & delivered programmes for University of Oxford for ten years & now licenses her training to the university. She has worked extensively for Parent, Carer & Disability organisations including Camden Mental Health Consortium, Disability Action (Waltham Forest), Full of Life (Kensington), Homestart (Camden), St Paul's New Pin, SIGN, Stuart Low Trust and Sure Start (Westminster).	
Consultation facilitation background includes: Evaluation of Services: With joint consultant, drafted evaluation questionnaire in consultation with parents & trained parents in skills to conduct evaluation surveys among the public & record their findings. Establishment of Parents' Forum, Westminster: Facilitated parents to set up the Forum, trained parents in committee structure, chairing, minute-taking & general meeting skills to enable them to act as their own advocates in the borough.	
Approximate rates: Training is usually in half day sessions (3 hours), comprising from 2 to 6 sessions depending on content and requirements of your organisation. Sessions are typically from £350 (depending on location) & include my preparation time & printed materials for participants. When we discuss the training needs, we agree a programme to suit your timing, topics and budget.	

Lists: parent participation related skills consultation facilitation	
Name: Vicki Shotbolt	Tel: 0207 288 1810

Address: Parent Focus 162 Balls Pond Road Islington N1 4AA	Email: Vicki@parentfocus.co.uk
Involvement in parent organisation / forum: Director of a parent organisation	Parent of a disabled child? Region(s) covered: All regions including London
Training summary: Parent Course A) Being part of a parent forum This course is for parents who are part of a parent forum and want to develop their skills and understanding in order to make their involvement meaningful and effective. The course is split into 2 parts, each session lasting for a fun but informative half day. Parent Course B) Understanding local decision making This course is designed to help parents to understand how local authorities work so that they can feel confident about getting involved. We uncover how decisions are made and who is responsible for what both locally and nationally. We de-code some of the language used in local and national government and give parents a chance to unravel structures that can seem designed to confuse. Professional Course A) Supporting parents and strengthening families by involving and engaging parents. A one day course with three key aims: To give professionals a shared understanding of the parental involvement continuum and its role in the supporting parents agenda, To share local good practice and national good practice, To develop professional's own skills around parental involvement.	
Training background: Parent Focus specialises in work with and for parents. Our training is delivered by Vicki Shotbolt and Liz Bailey. Vicki has over 20 years experience working in the children's and parenting charity sectors including as the deputy chief executive of the Family and Parenting Institute where she headed up their parental involvement work including Parents Week, the parents' panel and the family organisation network. Liz has 30 years experience working in local authorities at both a strategic and operational management level including having responsibility for the parenting strategy in Lewisham. Vicki and Liz are both experienced trainers and have developed their courses to ensure that participants have fun and leave feeling empowered and enthused.	
Consultation facilitation summary: Parent Focus has considerable expertise in running parental consultation exercises. This includes using qualitative and quantitative research methods and targeting harder to reach parents including (for example) fathers, parents for whom English is not a first language and young parents. We are able to develop tailored consultation exercises from the small and straight forward to the complex.	
Consultation background: We have conducted many consultation exercises including work for the Department of Health and work with local authorities. We offer a full research and consultation service ongoing independent facilitation of parental involvement	

<p>Approximate rates: Parent Training courses cost between £600 and £750 for up to 25 parents excluding venue and catering costs. In house professional courses for up to 25 attendees excluding venue and catering costs are £1200.00 External professional courses are £120.00 per delegate Consultation rates vary depending on the brief.</p>	
<p>Lists: parent participation related skills consultation facilitation</p>	
<p>Name: Anna Walker Associates</p>	<p>Tel: 01209 313510 / 07890267336</p>
<p>Address: 20 Park Leven, Merritts Hill, Illogan, Redruth, Cornwall, TR16 4GA</p>	<p>Email: anna.walker1@homecall.co.uk</p>
<p>Parent of a disabled child? Y</p>	
<p>Involvement in parent organisation / forum: co-founder of the Parent and Carer Council for Cornwall. I have recently formed Cornwall Association of Parent Trainers (APT).</p>	<p>Region(s) covered: Cornwall, Devon, Somerset, other SW regions considered</p>
<p>Training summary: National Programmes Early Support Programme Face2Face (befriending service) Strengthening Families (professionals) Right from the Start (supporting professionals to 'share' the news/diagnosis with parents)</p> <p>Development and delivery of tailored workshops to parents and professionals including: Disability equality training workshops (child centred) Listening and communication skills Including and listening to parents of disabled children in early years settings 'Making a confident contribution': a workshop for parents around effective participation Transition, a parents' perspective</p> <p>Other: I sit on a number of our children's services steering groups and have co chaired our EDCM steering group since its inception. In 2007 I invited a member of the Treasury and DfES to visit parents in Cornwall to observe how parents were working with our LA and PCT colleagues to shape services. Their findings fed into the CSR with a positive and direct impact on specific funding for parent participation. In May 2007 I spoke at AHDC Capita conference on setting up a Parent and Carer Council/ Forum In May 2008 I was again invited to speak at the 'Serving Disabled Children and Young People well' conference in London about the importance of involving parents as stakeholders.</p>	
<p>Consultation facilitation summary: Contact a Family: Development of AHDC Short Breaks assessment tool TDC: Carried out AHDC Short Breaks assessment in 5 Local Authorities Arranged and facilitated 'Youth Matters' parents' consultation Arranged and facilitated 'Transition' consultation with PCCC with the development of parent led workshops to be delivered at all our local protocol training. Arranged and facilitated involvement of young disabled people in the AHDC short</p>	

breaks manager interviews Facilitated workshop between parents and professionals at 'Working Together for Stronger Families' conference in Birmingham June 08. I sat on the Ministerial Implementation Group for the AHDC Transition Support Programme and on the interview panel to select the national body to lead on this.
Approximate rates: £300 - £400 + Travel expenses

Lists: parent participation related skills	
Name: Katie Clarke	Tel:
Address: 15 Savile Park Gardens	Email: andykatiec@aol.com
	Parent of a disabled child? Y
Involvement in parent organisation / forum: Calderdale Parent and Carers Council - founder and Development Worker 1Voice - Communicating Together: founder and chair	Region(s) covered: North of England
Training summary: Creating Ripples Moving Waves - a one day course for professionals coming into contact with families with disabled children. Looks at ways of effectively engaging with families through listening to families' stories and how the social model impacts outcomes for disabled children. Course run in partnership with IBK initiatives. Setting up parent forums. Involving families in the design and delivery of services. Inclusion - exclusion. Family experiences. Disability Equality 1 day workshops with professionals on establishing a parent forum 1 day workshop with parents around parent forums Conference speaker	
Training background: I have been training for 8 years and speaking at conferences for 10 years. I have worked for Calderdale Parent Council since 2001	
Approximate rates: Approximate daily rate: £450 plus travel Creating Ripples: £900 for two people	

Lists: related skills consultation facilitation	
Name: Gloria Ferguson	Tel: 07962 225430
Address: 3 Parkham Close, Cramlington, Northumberland NE23 3TQ	Email: gloriaferguson@btinternet.com
	Parent of a disabled child? N
Involvement in parent organisation / forum:	Region(s) covered: Northern England by negotiation
Training background: Self Esteem, Assertiveness for Women I trained as a group facilitator in 1999/2000 with Parent Network (now Parentline Plus) and continued to train in further accredited and non accredited parenting programmes continuously to date. I have delivered programmes of work to parents, carers and workers through my job as an employee and as a freelance trainer / facilitator.	
Consultation facilitation summary: Consultation has been with young people and young parents regarding service provision and delivery around midwifery services, health visiting, Every Child Matters - 5 Outcomes and provision of Emergency Contraception through Pharmacy Outlets. Copies of reports available.	
Approximate rates: £400 plus travel expenses	

Lists: parent participation		consultation facilitation	
Name: Dr Fran Russell		Tel: 0113 2671337	
Address: 37 Moseley Wood Lane, Cookridge, Leeds LS16 7ER		Email: fran.russell@talk21.com	
		Parent of a disabled child? Y	
Involvement in parent organisation / forum:		Region(s) covered: North / Midlands although willing to travel further if required	
<p>Training background:</p> <p>I would be willing to negotiate a training package / presentation around promoting parental participation and / or consulting with parents / carers based on my experience and previous work.</p> <p>I have been involved since 1976 in teaching and professional development, which includes the development and delivery of training. I was an accredited trainer for the National Portage Association from 1994 to 2007 and have been involved in the development of their training materials. I have experience of making presentations to professionals, practitioners and parents / carers at workshops, seminars and as a key note speaker at regional and national conferences.</p> <p>I have personal experience of caring for and supporting a child with a learning disability from his early education through to him recently moving to live independently. I also have over 20 years experience of working with families with a disabled child through early years support services and family support and during the last 10 years I have been involved in research with parents and carers of disabled children to facilitate their participation in consultation about the services and support they receive.</p> <p>A more detailed CV can be provided on request.</p>			
<p>Consultation facilitation summary:</p> <p>I a parent of a disabled child with over 20 years experience of working with families with a disabled child through Portage, early education support services and family support groups. I have been involved in the initial development and improvement of services that aim to respond to families' needs and during the last 10 years I have been involved in research with parents and carers of disabled children to facilitate their participation in consultation about the services and support they have received. This work included my doctoral thesis which focused on parents' expectation of support and their participation at all levels of the research process and I have had articles published in this area. I have worked for the University of Leeds, the National Portage Association and Leeds Mencap on commissioned research projects and service evaluations which involved using a variety of consultation methods with parents and carers, including group consultation, personal and telephone interviews and postal questionnaires.</p>			

I would be willing to negotiate the method of consultation that would be appropriate with the organisation involved.

Approximate rates: £500

Lists: related skills consultation facilitation	
Name: Juliet Snell	Tel: 07940 313 779
Address: Please contact by e-mail	Email: Juliet.snell@ntlworld.com
	Parent of a disabled child? N
Involvement in parent organisation / forum: I am a free-lance trainer, facilitator and consultant working in the field of participation and evaluation of services. I can offer training and consultation in user-led evaluation, evaluation planning and skills, listening to and involving children, young people and parents/carers.	Region(s) covered: Eastern Region
Training summary: I can cover: participation- what it is; barriers for some groups. Evaluation- outcomes and process evaluation, strategic planning, using monitoring data better, asking the right questions, how to involve marginalised groups in evaluation.	
Training background: I am a trained trainer and facilitator. I use an experiential learning approach, where participants are given time to reflect on their own practice and the group are supported to share learning.	
Consultation facilitation summary: I am trained in Facilitation by ICA:UK, who have a strong background in developing approaches that ensure all people are heard and groups are supported to reach consensus and move forward with their ideas.	
Consultation background: I have carried out various small and large scale consultations, including community needs audits, parents' consultations and consultations with children and young people using art and multi-media projects. For examples of my work please contact me.	
Approximate rates: I operate a daily rate of £280 plus expenses (travel and minimal office costs) and course materials if applicable. My policy is to charge exactly for hours spent up to the level of my quote (never above), so I may quote for preparation time in advance of courses of facilitation. Please contact me to discuss or for a quote.	