

# Publication order form

Contact a Family produces a wide range of publications for families with disabled children or for professionals working with them.

You can use this order form to order our publications. Many of our publications are also freely available to download on our website including translated versions of some of our publications.

Web: <http://www.cafamily.org.uk>

The prices below include postage and packing within the UK except where stated. For overseas orders, please e-mail: [info@cafamily.org.uk](mailto:info@cafamily.org.uk) for postage prices or Tel: +44 20 7608 8700. All publications listed cover the UK unless otherwise stated.

	Single copy price	Extra copies price	No.	Total £
<b>Parent guides</b>				
<b>When your child has additional needs -</b> Comprehensive guide to help and support for parents of a disabled child, summarising the type of help available. (Translations of older versions downloadable from our website.)	Free	£1.50		
<b>About families with disabled children -</b> guide for students and professional workers.	Free	£1		
<b>Aids, equipment and adaptations</b>	Free	£1		
<b>Benefits, tax credits and other financial help</b>	Free	£1		
<b>Checklist for parents -</b> a simple explanation of help available to parents.	Free	30p		
<b>Checklist for parents - Northern Ireland</b>	Free	30p		
<b>A guide to claiming Disability Living Allowance for children</b>	Free	£1		
<b>Dealing with debt</b> <b>England &amp; Wales</b>	Free	£1		
<b>Northern Ireland</b>	Free	£1		
<b>Scotland</b>	Free	£1		
<b>Disabled children's services in England and Wales</b>	Free	£1		
<b>A guide to assessments and services in Scotland</b>	Free	£1		
<b>Fathers -</b> practical information for fathers of disabled children	Free	£1		
<b>Finding and paying for childcare</b>	Free	£1		
<b>Getting direct payments for your disabled child</b> <b>England &amp; Wales</b>	Free	£1		
<b>A parents' guide to direct payments in Scotland</b>	Free	£1		
<b>Grandparents</b>	Free	£1		
<b>Help with Council Tax bills</b>	Free	£1		
<b>Holidays, play and leisure</b>	Free	£1		
<b>Subtotal</b> (carry over to page 6)				

	Single copy price	Extra copies price	No.	Total £
<b>Relationships and caring for a disabled child</b> Advice for couples.	Free	£1		
<b>Siblings</b> Advice around how siblings can be supported	Free	£1		
<b>Special educational needs - demystifying many parts of the process.</b>				
<b>England</b>	Free	£1		
<b>Wales</b>	Free	£1		
<b>Additional support for learning in Scotland</b>	Free	£1		
<b>Tax credits guide</b> - with a 'ready reckoner' to help assess entitlement.	Free	£1		
<b>Money when your child reaches 16 years of age</b>	Free	£1		
<b>Preparing for adult life and transition</b> - identifies the main areas that parents and young people need to think about.				
<b>England and Wales</b>	Free	£1		
<b>Scotland</b>	Free	£1		
<b>Working</b> - for employed parents or those thinking of returning to work.	Free	£1		
<b>Growing up, sex and relationships</b>				
<b>A booklet for young disabled people</b>	Free	£1.50		
<b>A booklet to support parents of young disabled people</b>	Free	£1.50		
<b>A booklet for teachers</b>	Free	£1.50		
<b>Living without a diagnosis</b>	Free	£1		
<b>A genetic condition in the family</b>	Free	£1		
<b>The NHS and caring for a disabled child</b>				
<b>England</b>	Free	£1		
<b>Wales</b>	Free	£1		
<b>Understanding your child's behaviour</b>	Free	£1		
<b>The winter guide - help with fuel bills and keeping warm</b>	Free	£1		
<b>Helping your child's sleep</b> - ways of encouraging children to sleep well (translated versions available on our website.)	Free	First 10 copies free then £1 per copy		
<b>Potty/toilet training</b> - information on toilet training for disabled children (translated versions available on our website.)	Free	First 10 copies free then £1 per copy		
<b>Feeding and eating</b> - provides tips and ideas about managing meal times (translated versions available on our website.)	Free	First 10 copies free then £1 per copy		
<b>Concerned about your child?</b> - leaflet about some of the people who may be able to help.				
<b>England &amp; Wales</b>	Free	Free		
<b>Scotland &amp; Northern Ireland</b>	Free	Free		
<b>Subtotal</b> (carry over to page 6)				

	Single copy price	Extra copies price	No.	Total £
<b>Health and medical information</b>				
<b>The Contact a Family Directory 2008: The essential guide to medical conditions, disability and support</b>	£40			
<b>The Contact a Family Directory online Annual subscription for unlimited use of our Directory online</b>	£17.63 including VAT	Multi-user license available		
<b>A support pack for health professionals</b> Good practice in sharing news and supporting families, from pregnancy to school age.	Free	First 10 free then £1 per copy		
<b>Finding medical information on the internet</b> Short leaflet giving an overview of finding medical information on the internet	Free	Free		
<b>Promoting self care</b> Reference guide for health professionals on any aspect of caring for a disabled child	Free	Free		
<b>Influencing services</b>				
<b>Parent participation: Parents influencing services for disabled children</b>	Free	First 10 copies free then £1 per copy		
<b>Parents' guide</b>				
<b>Professionals' guide</b>	Free	First 10 copies free then £1 per copy		
<b>Examples in health settings</b>	Free	First 10 copies free then £1 per copy		
<b>Making a difference: The national service framework (NSF) and parents of disabled children (England only)</b>	Free	First 10 copies free then £1 per copy		
<b>Making a difference: How parent groups can use the Children's NSF to influence local services (England only)</b>	Free	First 10 copies free then £1 per copy		
<b>Support groups: Contact a Family Group Action Pack</b>				
<b>For local support groups</b>				
<b>Starting a local parents' group</b>	Free	50p		
<b>Holding an open meeting</b>	Free	50p		
<b>Attracting and keeping members</b>	Free	50p		
<b>Local campaigning</b>	Free	50p		
<b>Professional workers and parent support groups</b>	Free	50p		
<b>For national support groups</b>				
<b>Questions before you start</b>	Free	50p		
<b>Starting a national support group</b>	Free	50p		
<b>Developing a national support group</b>	Free	50p		
<b>The role of a medical advisor</b>	Free	50p		
<b>Holding a national day</b>	Free	50p		
<b>Subtotal</b> (carry over to page 6)				

	Single copy price	Extra copies price	No.	Total £
<b>For local and national support groups</b>				
Charity registration	Free	50p		
The role of trustees	Free	50p		
Leaflets	Free	50p		
Publicity	Free	50p		
Patrons and celebrity support	Free	50p		
Writing a news release	Free	50p		
Speaking to the media	Free	50p		
Public speaking for parents	Free	50p		
Effective meetings	Free	50p		
Data protection	Free	50p		
Websites	Free	50p		
Virtual communities	Free	50p		
Meetings via telephone conference	Free	50p		
Fundraising	Free	50p		
Newsletters	Free	50p		
Employing a paid worker	Free	50p		
Reaching out to disabled parents	Free	50p		
Reaching out to black and minority ethnic parents	Free	50p		
Reaching out to fathers	Free	50p		
Child protection	Free	50p		
<b>Research and reports</b>				
<b>Caring for sick or disabled children: parents' experiences of combining work and care</b> Commissioned by Carers UK and Contact a Family, 2006.	Free	Free		
<b>Flexible enough?</b> On flexible employment rights, 2004.	£2	£2		
<b>No time for us</b> On parental relationships, 2003.	£2	£2		
<b>Everybody here?</b> Research on play and leisure facilities (summary), 2002.	Free	50p		
<b>Everybody here?</b> Research on play and leisure facilities (full report), 2002.	£2	£2		
<b>Publications and other items about Contact a Family</b>				
<b>Connected</b> The magazine for parents of disabled children and all those who work with them. Published four times a year.	£10 p.a.	£5 p.a.		
<b>Contact a Family Annual Review 2007</b>	Free	£1		
<b>Posters</b>				
<b>General</b>	Free	Free		
<b>Dads</b>	Free	Free		
<b>Making Contact</b> About our family linking scheme	Free	First 10 copies free then 10p per copy		
<b>Subtotal</b> (carry over to page 6)				

	Single copy price	Extra copies price	No.	Total £
<b>General leaflet</b> – Information about Contact a Family and what we do (Translations of older versions available to download on our website) <b>UK</b>	Free	First 10 copies free then 10p per copy		
<b>Scotland</b>	Free	First 10 copies free then 10p per copy		
<b>Wales</b>	Free	First 10 copies free then 10p per copy		
<b>Northern Ireland</b>	Free	First 10 copies free then 10p per copy		
<b>How Contact a Family can help</b> - Leaflet particularly suitable for families where English is the second language (Translations available on our website)	Free	First 10 copies free then 10p per copy		
<b>Family support service leaflet</b> Leaflet about our family support service	Free	First 10 copies free then 10p per copy		
<b>Volunteer Parent Representatives leaflet</b>	Free	First 10 copies free then 10p per copy		
<b>Resource pack</b>				
<b>Resource pack</b> Contains one of each of our information guides for parents, a selection of leaflets, helpline cards and posters. It comes in an expanding plastic folder and you will also receive our new and updated guides through the year.				
<b>England</b>	£40	£40		
<b>Wales</b>	£40	£40		
<b>Scotland</b>	£40	£40		
<b>Northern Ireland</b>	£40	£40		
<b>Resource pack subscription service</b> Comes with four resource packs and additional resources				
<b>England</b>	£160	Subscribers can receive extra copies of the resource pack at £35 per pack		
<b>Wales</b>	£160			
<b>Scotland</b>	£160			
<b>Northern Ireland</b>	£160			
<b>Website only guides</b> Contact a Family produces some that are only on our website in PDF format. To download copies of these guides visit Web <a href="http://www.cafamily.org.uk/publications.html">http://www.cafamily.org.uk/publications.html</a>				
<b>A tax credit guide for self-employed parents</b> Explains everything you need to know about claiming tax credits generally and some particular issues self-employed parents may need to be aware of.				
<b>Child Tax Credit and families on Income Support</b>				
<b>Disability Living Allowance - for children with learning disabilities</b>				
<b>Education maintenance allowance</b> - Funding for school, college or training after your child reaches 16.				
<b>Help from the Social Fund</b>				
<b>Subtotal</b> (carry over to page 6)				

<b>Total</b>	
Subtotal from page 1	
Subtotal from page 2	
Subtotal from page 3	
Subtotal from page 4	
Subtotal from page 5	
<b>Donation</b> By making a donation to Contact a Family you will be helping to continue our work with families with disabled children.	
<b>Grand total</b>	

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Please make cheques payable to Contact a Family.

Please send the order form together with this sheet to:

Contact a Family  
209-211 City Road  
London  
EC1V 1JN

Tel: 020 7608 8700  
Fax: 020 7608 8701  
email: [info@cafamily.org.uk](mailto:info@cafamily.org.uk)  
Web: [www.cafamily.org.uk](http://www.cafamily.org.uk)

Contact a Family needs to raise funds to help more families with disabled children. If you would like to receive information about all the ways you can support us please tick this box. (Your details will not be used for any other purpose or passed on to third parties).

Last updated September 2008